



NG Durbanville Bergsig  
P.O Box 479  
Bellville  
7551

9 May 2019

RE: MES 1<sup>st</sup> Quarter 2019

Dear NG Durbanville Bersig

Thank you for your continuous support and interest in MES Cape Town's services. For MES Cape Town the year started out with a number of important changes. Firstly we rolled out our new overall strategic focus model for MES national (information below), our branch manager, Lilly Rossouw resigned and was replaced by Jaco Leeunwer. We said goodbye to our Occupational therapist, Mariana Warnich who resigned and moved to George (her position has not been filled yet), our finance administrator, Blaise Kabongo resigned and was replaced by Rochelle Carelse, our Social work programme manager, Mpumi Dube resigned and immigrated to the UK, Mpumi was replaced with Sinqobile Ngwenya, who has been a part time employee of MES and therefore confident in taking over the position of social work manager.



#### BRANCH MANAGER

Lilly Rossouw resigned and left MES on 31<sup>st</sup> March.  
She was replaced by Jaco Leeunwer on 1<sup>st</sup> April.



#### FINANCE ADMINISTRATOR

Blaise Kabongo resigned in February.  
He was replaced by Rochelle Carelse on 1<sup>st</sup> March.



#### SOCIAL WORK SERVICES

Mpumi Dube resigned end of February.  
She was replaced by Sinqobile Ngwenya on 1<sup>st</sup> March.



#### GROW MANAGER & OCCUPATIONAL THERAPIST

Mariana Warnicht resigned February.  
Position still vacant.

While all of this was happening we started with a new structure for our GROW Job rehabilitation structure. The programme needed restructuring to ensure sustainability while continuing with a much needed service to our homeless and unemployed clients. Sadly we had to retrench our trainer, Xolile Kobo. The new structure was implemented on 1<sup>st</sup> May.

We also started with our new after school programme in Belhar and Scottsdene. The programme is doing extremely well and currently we are offering homework and educational programmes to approximate 50 learners at each location.



Indeed a very busy four months for MES staff! We are thankful that we could replace our branch manager so fast and believe the Lord was preparing Jaco for this position long in advance.

Our other services continued as normal under the new structure and the shelter will be celebrating two years of operations on the 24<sup>th</sup> May!

We would like to share the new structure with you and how it effects our programmes:

### OVERALL STRATEGIC FOCUS OF MES as of 1<sup>st</sup> March 2019

2.1 The four client groups that MES focuses on are:	2.2 Our Programmes - Age Specific Services:
<ul style="list-style-type: none"> <li>• <b>City pre-school aged children:</b> This is the Early Childhood Development client group from five months to almost six years old and per implication their nuclear families.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Pre-schoolers</b> are reached specifically through crèches where we promote learning and provide day care. Parents are reached as a second target group through parenting programmes. MES Adoption services are in the planning phase.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>City school-aged learners:</b> These are children between the ages 7- 18 years who are of school-going age</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Learners</b> are reached &amp; mentored through the after-school programmes, holiday programmes, camps &amp; outings, gymnastics and the Dance4aPurpose initiative.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>City Youth:</b> In South Africa, youth are categorised as between the ages of 18-35 years, who are either studying or acquiring skills after school. They are often the largest unemployed component of South Africa and make up the vast majority of the clients at MES</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Youth</b> are reached through skills training, job preparation and placement through our Training centre, and recruitment into the Joshua Youth Service Year programme.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Adult marginalised city communities:</b> These are generally adults older than 36 years in marginalised communities who are typically poorer, disempowered, unemployed and living in at-risk communities many of which are homeless and have health problems.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Adult</b> marginalised city communities are served through shelters and GROW Job Rehabilitation programmes.</li> </ul>
<b>Social Support Services are offered to all above focus groups through multi-disciplinary teams.</b>	
Services include <i>Social Work, Health Care, Community Engagement, Spiritual Support and Nutrition Enhancement</i> . The composition of the teams varies in the branches depending on resources & capacity available. Through these service teams integration of services are strengthened and specialised services are offered	
<b>Social Enterprise Projects enable MES to generate some of its own income so as to not be solely dependent on grants, donations or fees.</b>	
Looking at the activities of MES, there are certain components that are not necessarily age specific. These form part of <b>social enterprise</b> projects such as renting out of accommodation or office space to paying customers, selling of second hand clothing or selling of sorted recyclable waste material. The focus of these ventures have a more income generating focus.	
<b>Each branch has its own development strategy since the needs in the inner cities differ and the services offered are also dependent on what other services are available in the specific city. MES believes in the power of collaboration with other service providers. Below is a visual illustration of the MES services.</b>	



### Spiritual enrichment services

- Since MES is a Christian organisation we host spiritual programmes and offer counselling to each focus group.

### Nutrition services

- Learners and adults have access to nutritious meals and food parcels which covers a basic need and creates a point of entry to MES services.

**\*\* Detailed Theory of Change can be made available for each focus group on request.**

### IMPACT MADE IN 2018/19

- An average of **45 men and 18 women clients** made use of the **Safe Space** every night.
- **7 318 Meals** were served in three kitchen facilities (Bellville, Durbanville and Brackenfell)
- **7 982 GROW** shift opportunities made available to clients
- **328 Clients** participated in the **GROW Job Rehabilitation programme**
- **1246 Food parcels** were distributed to families with children (**330 families reached, 633 children benefitted**)
- **4 Holiday camps** were held with an average of **130 children** attending each camp.

### GETTING INVOLVED

There are different and fun ways to support or get involved with MES Cape Town.

- Support our “Give Responsibly” campaign by purchasing meal and/or shelter vouchers.
- Volunteers are needed for our After School programmes.
- Volunteer and serve dinner at the shelter.
- Support our “Hope for Winter” campaign by donating blankets, non-perishable foods and toiletries.
- Support our Mandela day activities.
- Book a corporate table or individual tickets for Gala Dinner & Show.
- Support our Packaged Love Campaign. (Christmas gifts)



### URGENT NEEDS

As a not for profit our budget is extremely tight and therefore many operational issues are either cut back on or not prioritised. The following items are urgent for MES staff to continue with their work:

- 8 New laptops (specific specs are needed to ensure compatibility with our needs)
- Funding for the disability GROW shift
- Funding to service the social work services vehicle (ball bearings need replacement)
- Funding to employ a part time driver to assist the GROW Programme with operational issues.
- Funding to install CCTV cameras at the shelter
- 2 x Filling cabinets for our social work offices
- 9 x Double lockers for our ladies at the shelter
- Motor gate with remotes at the Safe Space

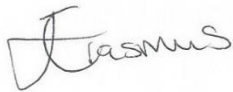
## SPECIAL PROJECTS THAT NEED YOUR SUPPORT

SERVICE UNIT	PROJECT	Financial Request
<b>Focus Group:</b> Pre-Schoolers, Learners, Youth & Adults <b>Service:</b> Nutrition	A healthy body houses a healthy mind. Nutrition is of utmost importance in our after school programmes. Nutrition is equally important for our youth in training and the homeless adults at the canteen. <b>Your donation will enable us to provide a nutritious meal to one individual per day.</b>	<b>R30 per meal</b>
<b>Focus Group:</b> Learners <b>Service:</b> After School Programme	This programme provides a safe environment for learners after school whilst the parents are still at work. Here they are able to do their homework, get support with school projects and have a balanced meal before going home. Often the only meal per day. <b>Your donation will ensure that one learner is safe and fed at our After School Programme for a month.</b>	<b>R720 per month</b>
<b>Focus Group:</b> Youth (18-35yrs) <b>Service:</b> Skills Development	The high unemployment rate in South-Africa leads to many young people left roaming the streets. The skills training programme offers them additional education opportunities to increase employability. <b>Your donation will cover the expenses of one trainee for one month.</b>	<b>R1050 per month</b>
<b>Focus Group:</b> Adults <b>Service:</b> Shelter & Safe Space Accommodation	MES provides secure accommodation to the homeless and vulnerable in overnight shelters & the Safe Space in Cape Town. <b>Your donation will offer a warm bed with locker facilities and a warm shower to an individual for a night.</b>	<b>R15 per night</b>
<b>Focus Group:</b> Adults <b>Service:</b> Job Rehabilitation	GROW is a job rehabilitation programme that provides an alternative to aggressive begging and petty crimes committed by the homeless and unemployed community. <b>Your donation will enable a full GROW team (1 Foreman and 4 GROW Participants) to have guaranteed shifts for a month and give them access to OT services.</b> This is often all that is needed to pull them out of hopelessness.	<b>R8200 per month</b>
<b>Focus Group:</b> Adults with disabilities <b>Service:</b> Job Rehabilitation	GROW is a job rehabilitation programme that provides an alternative to aggressive begging and petty crimes committed by the homeless and unemployed community. <b>Your donation will enable two disabled adults within our GROW teams to have guaranteed shifts for a month and give them access to OT services.</b> These adults are not able to work a 4 to 6 hour shift as the rest of the clients can but are able to do 2 hours shifts.	<b>R1 995 per month for 1 Adult and R3990 per month for 2 Adults</b>
<b>Focus Group:</b> Adults with children <b>Service:</b> Social Support Services	Supporting a broken family is better than breaking up a family. Part of the social relief services is the monthly food parcel project. This is for a maximum period of 6 months. MES provides the poor and needy families and individuals that live in small rooms, apartments and	<b>R928 per month</b>

	caravans in the inner city with a food parcel for a month. <b>Your donation will make this possible!</b>	
<b>Focus Group:</b> Pre-schoolers, Learners, Youth & Adults. <b>Service:</b> Social Support Services	MES is a service organisation and our staff is our most important resource and asset. Salaries is very hard to fundraise for. Contributions towards the salaries of our social workers, community health workers and early childhood development teachers <b>strengthens our capacity to change hearts in the city!</b>	<b>All contributions welcome!</b>

There is still ample of work laying ahead of us and we welcome you to partner with us. For more information on any of the above mentioned projects please contact Anelle at 021 949 8736 or [anelle@mes.org.za](mailto:anelle@mes.org.za). We invite you partner with us and help us to “change the heart of the city!”.

Kind regards



Anelle Erasmus  
Marketing and fundraising